Seal's Bark: Weekly Newsletter of the Waterfront Rotary Club

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SEAL'S BARK VOLUME 33 NO 18

Seal's Bark

Waterfront Rotary Club Weekly Newsletter

District 9350 Chartered: 12 Sept 1992



Photograph by Greg Lumley

WATERFRONT ROTARY MEETING

Friday, 11 November 2022 - 06h30 for 07h00

at the Metropolitan Golf Club

Captain (President): Johann Gerber; Secretary: Sue Truter

Scribe: June Webber

www.waterfrontrotary.org



NOVEMBER IS ROTARY FOUNDATION MONTH

For the 11th consecutive year, The Rotary Foundation has received the highest rating — four stars — from Charity Navigator, an independent evaluator of charities in the U.S. The Foundation earned the recognition for demonstrating both strong financial health and commitment to accountability and transparency.

The rating reflects Charity Navigator's assessment of how the Foundation uses donations, sustains its programs and services, and practices good governance and openness. On **7 November** we launched the Mobile Dental Clinic, **a collaborative Global Grant Project with partners University of the Western Cape Dental Faculty and our International partner - the RC of Cardiff, Llanishen D1150**, a milestone event. See article and pics below.

CAPTAIN'S LOG -11 NOVEMBER 2022



Spread the Word!

Do we as Rotarians really know what the general public out there knows and thinks about Rotary?

In answer to the question "Where is Rotary going?" - a cynic answered "To lunch!"

Some of the common misconceptions are:

- Rotary is for rich people only
- Rotary is for men only
- Rotary is for older people only
- Rotary is a secret organisation

- Rotary is an American organisation.

It is up to us to inform the public out there who we are, what we do and what we stand for.

Rotary is a **service organisation,** not an elite club. We do get our hands dirty by getting involved in projects, share our expertise and other skills and in doing so we do have good fun and fellowship. We no longer have to dress up to attend meetings and most clubs no longer meet at lunch time.

But it is also our duty to make the circle bigger and increase our numbers by becoming more diversified. Rotary was considerably strengthened (some say even saved!) when women were welcomed, but we still have a long way to go so that our membership can reflect the entire spectrum of our rainbow nation and all age groups. We need to tell our relatives, our friends, our clients - what we do and what we stand for. And ultimately invite them to a meeting to see and experience for themselves.

Remember that the only person who was not invited to join Rotary was our founder Paul Harris!

When I was working at a life assurance company in Newlands in the 1980's, I was invited to lunch by one of the assistant general managers. I was so honoured and wondered what it was all about, only to discover that I was being taken to a meeting of the Rondebosch Rotary Club and the rest is history, as they say. When are **you** going to invite someone to a meeting?

This week we welcome Michelle Weber, the well-known open water swimmer and brand ambassador to our Waterfront Canal Challenge on Sunday who will tell us about swimming the English Channel, breaking the South African women's record for the fastest crossing - not by ferry or Chunnel, of course.

MEETING FRIDAY - 4 NOVEMBER

Kurt Ackermann: Chief Executive Officer
The South African Urban Food Farming Trust

Connecting people through Food Gardens, which



not only is a means to an end, but it provides folk a "safe space" which positively impacts mental health and builds social cohesion.

Kurt Ackermann is the **chief executive of the SA Urban Food & Farming Trust**. He was co-founder, general manager, director and chairperson of the Oranjezicht City Farm, until its merger into the Trust in 2017. (See pic below.) He went on to say that food gardens addresses the fragility in communities.



Kurt shared that the SA Urban Food & Farming Trust works through food and farming to strengthen South Africa's urban communities and the ecosystems that sustain them. Most of the agrihubs are within a 20 minute walking distance of communities.

The objectives of the Trust -

1. Strengthen and build intra- and inter-community social cohesion
2. Improve household food and nutrition security
3. Conserve and protect natural urban ecosystems
4. Strengthen collective agency within communities
5. Humanise built urban environments

The Trust provides -
Support – partnering with existing organisations and social entrepreneurs to strengthen households, community food gardens and food hubs, and the links between them. The SAUFF Trust provides training, mentoring, networking, market access, fundraising and other support as part of its partnership approach.
Innovation – with our partners the SAUFF Trust conceptualises, designs, tests, conducts research and pilots innovative programmes, methods, models, and

principles that can improve outcomes and scale impacts, substantiated by reliable data.

Advocacy – through communications programmes and events, workshops, networking, facilitation and other forms of stakeholder engagement the SAUFF Trust raises awareness, facilitates conversations, and motivates policy changes and shifts in social norms.

A number of webinars organised by Anton Lubbe, the District Chair of Food Gardens, have been held (attended by Ralph). It would be well worth learning how Waterfront Rotary can become more involved in the food gardens project to assist communities faced with the spiralling cost of food.



Communities working together in a safe space!

WELCOME ABOARD OUR TWO NEW CREW!







Jacqueline Tamri and Brandon Beack were inducted on Friday, 4 November and warmly welcomed by all crew. Jacqueline, with her extensive professional skills, working in the heart of the community, is already adding value as a member. Brandon founded the Walking with Brandon Foundation that runs a rehabilitation centre for persons who have suffered a similar fate. Together, Jaqueline and Brandon will shine the spotlight firmly on **Diversity, Equity and Inclusion**.



RALPH ROSEMAN recently returned to Cape Town after a four month trip overseas to receive a VOCATIONAL SERVICE AWARD FOR THE 2021-2022 RY for his Outstanding Assistance to Charter the Langebaan Rotary Club; Assisting with Library Global Grant Finances; Chairing the Club Environment Portfolio; Serving on the District Environmental Committee and on the Environmental Sustainability Rotary Action Group (ESRAG). Both Robert Magotsi and Curtis Rooibaatjie received their membership badges - two of the ten crew to join in June's year of captaincy.

DISTRICT AND CLUB PROJECT FEEDBACK

LAUNCH OF THE MOBILE DENTAL CLINIC
UNIVERSITY OF THE WESTERN CAPE - 7 NOVEMBER 2022



Above: Captain Johann, June and Professor Rob Barrie inside the vehicle which is fitted with three dental chairs (cost effective), replacing the old vehicle used for 40 years. As Prof Rob Barrie said in his speech - it was "blood, sweat and tears". High tech camera images are sent to the faculty for advice. The vehicle will provide dental care clinic services to poorer communities, at the same time providing clinical training for students.



The UWC Mobile Dental Clinic was designed and fitted using the very latest techniques and equipment - and earns the recognition of "State of the Art". The Waterfront Rotary logo appears on all three sides, specially at the back, where folk stuck in traffic, have a good view of the vehicle and its sponsors!





Janet represented Waterfront Rotary in the hand over, delivering a brilliant speech - snippet below. To the right - Captain Johann, June, Prof Rob Barrie, Janet and Piet. (See branding at the back of vehicle.)



This event was really something to smile about. After over two years, the vehicle was finally completed. From L-R: Prof Rob Barrie, June, Captain Johann, Dr Neil Myburg, Janet, Dr Stephanus Crous (Colgate/Palmolive Major Sponsor) - in front Piet. A proud day for Waterfront Rotary and the RC of Llanishen Cardiff Rotary District 1150, Waterfront's International Rotary Global Grant Partner.

EXTRACT FROM JANET'S EXCELLENT SPEECH

"Our involvement started with a call from Karen Tollman of the Dental Wellness

Trust, asking if Rotary could help fund the project to replace UWC's old mobile dental clinic. We were delighted to discover that other Rotary clubs in our District had long been involved with the mobile clinic, helping to organise and calm waiting patients with food, toys and entertainment. June Webber, our Waterfront Club member, past District 9350 Governor and famed initiator and organiser of the hugely successful 'Kick Polio out of Africa' campaign, agreed to sign on, and our Global Grant project was born.

The Rotary Foundation Global Grant facility assists Rotary Clubs around the world with funding for projects that fall within one of our 7 core areas of focus by matching 80% of the funds raised, provided conditions of governance and oversight are met. After several meetings with the UWC professionals held at the School of Dentistry: no mean feat to find our way this far north, the Waterfront Rotary team swung into action. With the Dental Wellness Trust donation of £10,000 in the bag, Llanishen Cardiff Rotary Club and their Welsh District 1150 both contributed money. Our own District 9350 contributed $5000 and our club also kicked in. We were also able to get matching for part of the Colgate donation. All told, Rotary contributed R525,000 to the project.

Now that the mobile clinic has finally arrived, and will soon be used by the Community Dentistry students for outreach trips, our Waterfront Rotary Club plans to stay involved by helping to coordinate with the rural Rotary clubs in our District to assist when the mobile van comes to town, as they used to do before. This will give Rotarians, who are interested in Health and Disease prevention, a marvellous opportunity to use their skills to do good."



WATERFRONT CANAL CHALLENGE - UPDATE

Have you entered the 2022 Waterfront Canal Challenge yet?
Register online at https://bigbayevents.org.za/
ENTRY FEES:
R200 for the 800m
R250 for the 1600m
Water temperature on the day - between 14 - 16 degrees.

Closing date for Registrations: Thursday, 10 November at 6 pm.

WATERFRONT CANAL CHALLENGE: SUNDAY 13 NOVEMBER 2022

12 crew needed on the day - from registration at 07h00, through to 12h30.

- 2 at Albert Road directing traffic
- 2 at parking lot directing swimmers
- 2 manning Rotary stand
- 2 to provide information on Rotary
- Other 4 on stand-by to help where needed.

Please contact Spiro if you are willing to help.

Photo Shoot WRC members Sunday morning 13 November at the WCC: Please crew support the event and be sure to attend this photo shoot with Vic Hamaty as we need pics for our website. Time to be advised.

SUPPORTING A GOOD CAUSE AT CHRISTMAS

It's the season for giving so anyone with a wish for a good cause please provide the name of charity a motivation and suggested amount. If oversubscribed names will be drawn from a hat' Responses to Captain Johann Gerber soonest.

Waterfront Rotaract



This is a very special and enjoyable outing for the children.


MERRY CHRISTMAS!
It's a Wonderful Time Indeed.
It has been a tradition for us every year to organize a childrens party just a few weeks before Christmas, as a way to bring JOY
We need the following items to create a Santa Shoebox
A facecloth
A toothbrush
A bar of soap
Toothpaste
Deodorant
Body lotion
An item of Clothing
Gift
Donate now via EFT- box valued at R150.00
BANK: Standard Bank
Account Number: 10112094269
Branch Code: 5909
Referance: Sanitary Pack
Questions or concerns about the event? Contact us at 0768941499 or Email chevskitchen@gmail.com
CHEV'S

INNER WHEEL CLUB OF WATERFRONT

CHRISTMAS HAMPERS 2022

All Proceeds to IW Projects

R10 FOR ONE TICKET OR R100 FOR TWELVE

To purchase tickets please deposit money in the Inner Wheel Bank Account.

CAPITEC Savings Account Waterfront

1820313717 Reference: YOUR NAME

DRAW WILL TAKE PLACE AT THE WATERFRONT ROTARY FAMILY BREAKFAST

Thank you for your support Anne Postema 072 610 2848

Funds raised through this raffle are for worthy causes.

ROTARY CLUB OF CAPE OF GOOD HOPE - DUCK RACE GRAND PRIX



DUCK TICKETS: R100 EACH

On payment, please WhatsApp 076 939 2200 to get a copy of your Duck Race Ticket.



12 November 2022
10am to 2pm
Rotary Camps, Glencairn,

zapper

YOCO

EFT

Account Name:	Rotary COGH
Bank:	Nedbank
Account Number:	1169110207

Unable to attend? Why not just buy a ticket and support the RC of the Cape of Good Hope to raise funds. This club does sterling work in their community.

CALENDAR

Speakers / Events

November 2022

Friday, 11 November - Michelle Weber - "Swimming across the English Channel - My story" - in person meeting at the Metropolitan Golf Club
Friday, 18 November - Jo da Silva - Fundraising Manager Salesians Institute Youth Projects "Youth at risk – changing the narrative" - in person at the Metropolitan Golf Club
Friday, 25 November - Business meeting - on zoom.

December 2022

Friday, 2 December - Annual General Meeting **-** on zoom
Saturday, 10 December - Family festive breakfast in person at the Metropolitan Golf Club
Friday, 16 December - No meeting Public Holiday
Friday, 23 December - Fellowship meeting – no speaker - Venue to be advised.

Rotary Club of Waterfront

ATTENDANCE REPORT - MEETING 28 OCTOBER 2022

Lucky Draw: NA; **Grace/Meditation:** Spiro Mitchell; **Peace Candle**; Siham Boda; **Rotary Toast**: Chris Fick; **Four Way Test:** All;
Bosun: Chris Fick; **Desk:** Maryka Vermaak.

Apologies

Matt Andrews (silent); Matthew Booth; David Bradley (Excused Attendance); Debby and Lionel Daniel; Dennis Figov (Excused Attendance); Kirshia Govender; Mymoena Ismail; Nadene Rolston; Alex Schubert (LOA); Jacinta Subjee (LOA); Derek Wrankmore (Excused Attendance); Ashleigh Wrensch (LOA); Jonathan Yach.

Visiting Rotarians:

None

Guests

Guest speaker Kurt Ackerman - Chief Executive Officer

The South African Urban Food Farming Trust

Make Ups

None

Membership 35

Attendance 60%

Birthdays in the coming week 11 - 18 November

None

Partners' birthdays 11 - 18 November

Anne Postema - 17 November

Anniversaries in the coming week 11 - 18 Novembe

None

Rob the Fellowship Seal is with Debby Daniel - Lockdown Level 1

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